



# PRESS RELEASE

*Chef's Tales* follows in the best tradition of Bill Bryson, Frances Mayes, Peter Mayle, Michael Palin and other entertaining writers of life and travels.

Leaving behind roast beef, Yorkshire pudding, the grey skies of northern England and his beloved Leeds United football team, a skinny young Yorkshire lad named Michael Saxon acquired his vocational skills in cooking, and went on to become an internationally-rated executive chef in the five-star hotel industry. In the process he virtually travelled the world - from Europe to North America and the Caribbean, from Hong Kong to China and Indonesia and other destinations beyond - mastering his culinary skills, whilst at the same time engaging life's colourful characters and surviving an endless stream of adventures, both in the kitchen and the world outside. Follow Michael Saxon as he crosses both national and cultural borders in pursuit of his lifelong vocation.

*"He tells it all in his own inimitable way that makes reading quite effortless. You don't need to be kitchen trained to enjoy this book."*

**New Sunday Times**



*"A series of mostly-funny kitchen and travel stories... a good laugh - often at the expense of the author himself."*

**FHM Magazine**

Michael Saxon is the General Manager of the Eastern & Oriental Hotel, Penang. His career began in 1981 as *Chef de Partie* with The Windsor Arms Hotel, Canada. Since then he has travelled the world working in renowned hotels in Canada, the Bahamas, Hong Kong, Taiwan, Indonesia, Singapore, the Philippines and Malaysia. In his exposure to rich cultural and culinary mixes, he has cooked for celebrities, heads of state and members of various royal families. As readers of this amusing and insightful journal – *Chef's Tales* – will discover, there is much more to being a successful international chef than just getting the cooking right!



With *Chef's Tales* he hopes to encourage more young people to enter the hospitality industry.

For more information on this author or to request a review copy, please contact Helen Watts, Marketing & Author Publicity, Melrose Books

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